

Time to Relax
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You know you deserve a pampering session at one of Vancouver's best spas.

Day Spas

Miraj Hammam

1495 W. Sixth Ave., 604-733-5151, mirajhammam.com. We've heard critics describe this South Granville spa as a "Turkish car wash," a proclamation we disagree with (unless you leave a Turkish car wash blissful and buffed). Decompress in the steam room (the hammam) before your full-body soap-and-scrub-down (the gommage) atop a Jerusalem gold marble table. Next, head into a candlelit massage room for a 15-to-60-minute massage, or a massage and aromatherapy facial combo. Ease back into reality over mint tea and sweet cakes on a velvet bed in the Sultana Lounge.